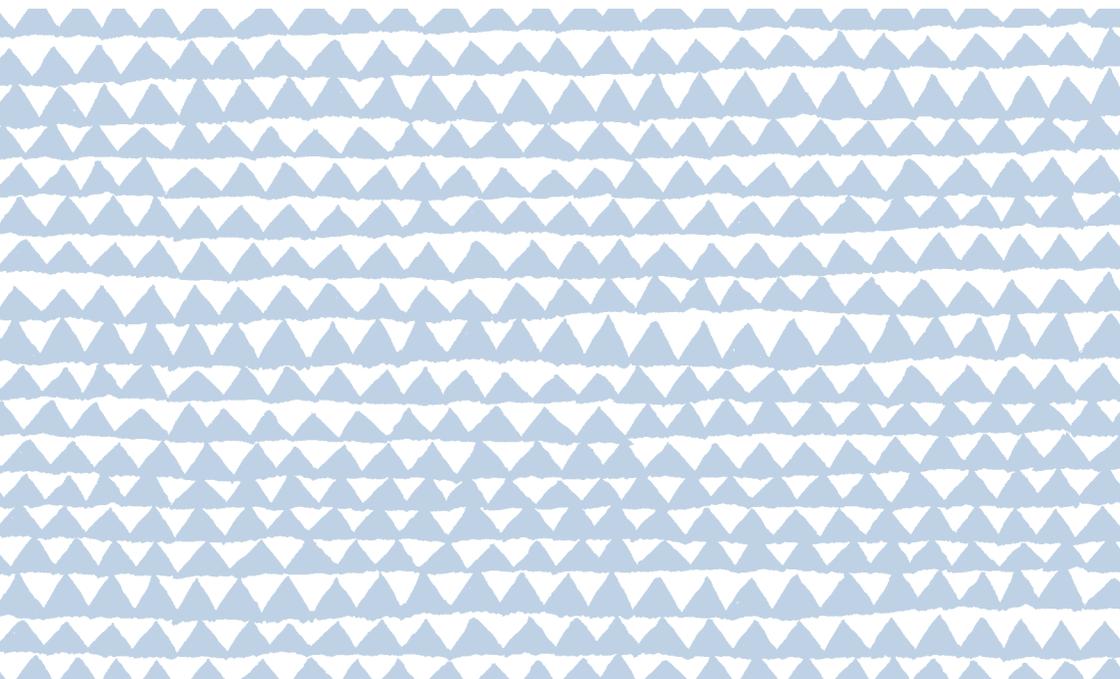


SANI  
CLUB  
THE CLUB SPA





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# Touches of the World

The Touches of the World Club Spa will take you on a journey of discovery....Offering a spectrum of authentic traditional therapies inspired from around the world; Thai Massage, Indian Head Massage, Mediterranean Salt Exfoliation and an array of modern European therapies from the Parisian spa brand, Anne Semonin, including facials, scrubs, wraps and massages. This journey would not be complete without a visit to the Spa Experience to sample the delights of ritualistic thermal bathing and a relaxation area to regain your awareness before returning to the outside world.

## THERMAL EXPERIENCE

At the heart of the Spa and inspired by the ancient Roman tradition of sequential thermal bathing the Spa Experience offers a creative way to totally relax and re-energise, whilst stimulating and nurturing all the senses. Use before or after a treatment to prepare and warm the body or just while away the day. Features include: Finnish Sauna 80-85°, Turkish Hamam 45-55°, BioSauna 45-90°, Plunge Pool, Heated Recliners, Aroma Shower and Foot Spas.



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## Nude Sand Warming Body Polish & Massage Ritual

1h 20m, 170€

The warming Nude Sand from Bora Bora will then activate softly the circulation and detoxify, whilst nourishing aromatic oils will actively sweep away dead surface skin cells, leaving your skin wonderfully soft, silky and youthfully radiant. A Cranberry and grape seed oil blend is then applied to conclude with the ultimate body massage.

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## Anne Semonin Parisian top to toe

1h 15m, 170€

This is a fabulous top to toe experience. Beginning with an invigorating back cleanse to exfoliate and smooth, followed by a soothing back, neck and scalp massage. This wonderfully relaxing therapy is designed to relieve key areas of tension and muscle tightness. Combined with the renowned Anne Semonin made to measure facial the result is re-hydrated, nourished and protected skin as well as an overall sense of calm and harmony that is complemented with a wonderful pressure point foot & leg massage.

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## Volcanic Thermal Stones Ritual

1h 15m, 165€

Heated black basalt stones are used to massage the whole body releasing deep seated tension ideal for anyone suffering with muscular aches and pains. Working at relieving stress at the deepest level this treatment is designed to work on the body's energy channels. This intensive exceptional treatment is a holistic and energizing therapy for the mind, body and spirit.

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## Lava Shells Massage

50m, 130€

This revolutionary and unique full body massage uses naturally self-warming shells to deliver a seamless treatment tailored to suit your individual needs. The warm smooth shells are expertly glided over the body with varying

pressures, techniques and precision, enabling the therapist to reach the deepest muscle aches and pains alleviating all stress and tension. Hydrating oils are used during the treatment to moisturize the skin as the warming energy of the shells helps to revitalize and rebalance the body and mind.

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## Warm Candle Massage

50m, 120€

This luxurious massage uses a pure Beeswax candle which burns and transforms itself into a body oil, releasing a gorgeous fragrance of therapeutic essential oils. The warm oil is then poured all over the body to create a stunning sensory experience which relaxes your mind and hydrates your skin.

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## Sani Signature Sun Prep Therapy

Sun Defence Facial 50m, 95€

Sun Defence Face & Body Treatment 55m, 120€  
*Protecting, age preventing, tan-preparing*

Prevention is one of the most precious gifts you can offer your skin. Prepare your skin before sun exposure with these specially developed Anne Semonin sun defence treatments. As a result your skin will develop a gradual, even and long lasting tan and its youthful appearance will be prolonged.

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## Sani Signature After Sun Bliss

Recovery Facial treatment 50m, 95€

Ultra Hydrating Face & Body treatment 55m, 120€  
*Calming, comforting, restoring*

Too much fun in the sun? Quench your skin with this revitalizing, youth-preserving moisture treatment. This Anne Semonin After Sun remedy helps soothe and prepare skin for its next exposure to the sun, thanks to the nourishing natural Macadamia Nut Oil and Vitamin E found in the Anne Semonin Phytarosa serum. The result is a smooth, soft skin while the bronze-boosting Beta Carotene extract stimulates the tanning process to preserve your golden glow.



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## Pantai Luar Massage

50m, 100€

Your therapist's healing hands and warm sea salt poultice open the pores and bring a deep medicinal heat to the muscles releasing tension, restoring the nervous system, soothing your mind, nurturing your spirit and letting you glide into complete peace. This is followed by an invigorating massage for total renewal.

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## Thai Yoga Massage

60m, 150€

Based on ancient Indian and Buddhist teachings Thai massage combines acupressure and yoga stretching. This multifaceted bodywork system is performed fully clothed on a floor futon and includes therapeutic stretching, rhythmic deep tissue compression, toning of energy lines and meditative breathing. Thai massage will reduce muscle tension, encourage relaxation and increase flexibility.

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## Lomi Lomi Nui Massage

50m, 100€

Developed in Hawaii and performed with the full focus of the Hawaiian spirit Aloha to balance the mind and body. This massage is performed using the forearms in long sweeping movements to the length of body. A truly luxurious, deeply relaxing and hypnotic therapy.

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## Indian Head Massage

40m, 90€

Indian Head Massage is a valuable technique for combating stress and loosening the tension in the shoulders, neck and head. It relaxes the mind, controls excess energy and allows you to focus. Working up the spine and over the head will send messages from the brain to relieve mental and physical tiredness and rebalance energy flow.

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## Polynesian Four Hands Massage

1h 15m, 220 €

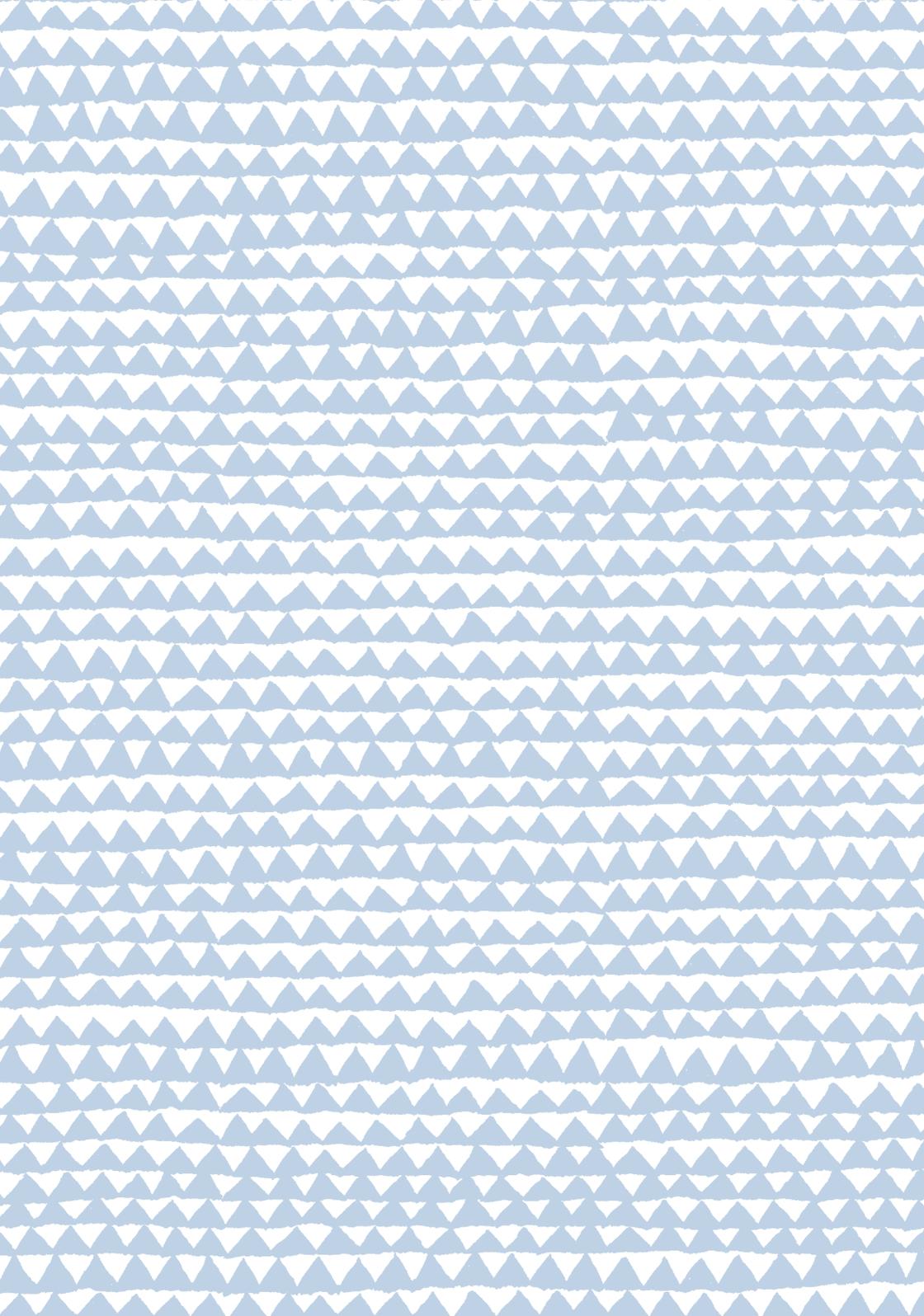
The traditional flowing and soothing movements lull you into a deep state of peace and tranquillity, as soft palms and four arms remove tension from tight muscles. This unique, healing massage offers two massage therapists working with intuition and expert skill in complete synchrony to restore your energy and strengthen your health and wellness.

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## Gua Sha Face Massage

40m, 85€

Originating from traditional Chinese medicine, this renowned Eastern technique is gradually becoming very popular in the West due to its ability to eliminate toxins by stimulating blood circulation. Your therapist will perform this massage using a specially adapted natural jade board all over the face, neck and décolleté with firm upward movements to soften fine lines and puffiness in the eye contour as well as firm and tone the entire face contours. This nourishing and oxygenating therapy is ideal for dehydrated skins and those with pigmentation issues and can help improve skin tone and texture.





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## "White Star" Brightening

55m, 110€

*Brightening, firming, moisturising*

Using the exclusive Anne Semonin Brightening Complex, this correcting treatment visibly lights up the complexion and reduces the appearance of sun spots and age spots to unveil a more even skin tone. Its detoxifying antioxidants neutralize damage from air pollutants while sea-sourced minerals and moisturizers keep skin glowing.

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## Anne Semonin Haute Couture

1h 20m, 160€

*Intense treatment for the face, eyes and décolleté*

Encounter the ultimate bespoke facial incorporating a client-specific intensive eye and décolleté treatment. Aromatic intensive complexes and serums will boost cellular renewal whilst a firming algae mask will detoxify for absolute skin radiance. This treatment is a complete and effective remedy for removing the stresses of daily life leaving skin firm, smooth and radiant.

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## Deep Marine

1h 30m, 140€

*Deep cleansing, decongesting, remineralising*

Ideal for combination, oily, congested, problematic skin, this complete deep cleansing purifying treatment combines traditional steam and extraction techniques with a rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel-off mask and aromatic intensive complexes are used to soothe, calm and rebalance the skin and encourage a visibly clear complexion.

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## Super Active Face Treatment

1h 15m, 150€

*Anti-ageing, toning, radiance*

Experience a truly rejuvenating facial which combines marine active ingredients with advanced massage techniques and cryotherapy to stimulate cell renewal, reduce wrinkles and hydrate mature skin. The unique peel-off mask completes this treatment to firm and lift as well as restore skin radiance.

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## Precious Pearl Ultra Lift

1h 25m, 165€

This ultimate wrinkle-fighting facial will restore the skin's lack of firmness and tone leaving your skin and face contours in top condition. This brand new treatment includes a series of comprehensive lifting and drainage massage techniques that are a godsend for those suffering from tight facial muscles and a tired complexion. The perfect remedy for mature lacklustre skin.

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## Cryotherapy

55 m, 110€

*Immediate toning, radiance, brightness*

A contouring and firming facial designed to combat the visible signs of ageing; excellent for mature, dry and dehydrated skin. Innovative Anne Semonin neurocosmetic ingredients are combined with Active Serums and advanced cryotherapy ice cubes to regain the skin's natural youthful glow. The result is instantly tightened and firmed skin; a superb brightener for special events and for boosting skin vitality.

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## Made to Measure Facial

50m, 120€

*Moisturizing, firming, purifying, soothing*

This skin enhancing "made to measure facial" ensures effective, visible results. This treatment has been designed to be tailor made for your individual skin needs through individually blended plant active serums, masks and aromatic intensive complexes. The ultimate bespoke treatment just for you.

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## Hydra Express

25m, 65€

*Refreshing, hydrating*

A powerful express skin replenishment treatment ideal for quick and instant results. Immediately refreshes and hydrates the skin, leaving it soft, supple and revitalized.

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## For Your Eyes Only

45m, 80€

*Brightening, de-stressing, refreshing*

Designed to enhance, lift and firm your eye area. State-of-the-art Anne Semonin Express Radiance Ice cubes renowned for their cryotherapy benefits. Heated black basalt stones are used to massage neck and décolleté, before you finally drift away while having a therapeutic scalp massage in combination with a therapeutic lymphatic eye massage to relax muscular fatigue and target the signs of ageing.



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## Made to Measure Massage

*De-Stress / Revitalizing / Detoxifying*

50m, 125€ or 1h 15m, 150€

*Body Fitness* 50min/140€ or 1h 15min/160€

A tailor-made full body massage which combines classic Anne Semonin techniques along with a personally prescribed blend of intensive complexes and warmed botanical oil. After your initial consultation, your therapist will mix and blend an aromatic oil as well as choose the ideal massage for you.

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## Shape & Sculpt Therapy

55m, 135€

A specialised treatment designed to stimulate the body's system and target areas of fluid retention, cellulite and uneven skin tone. Using the innovative Anne Semonin Lipoliss Gel for massage and lymphatic drainage, the legs and feet are massaged to restore circulation. A firming and detoxifying mask is applied to relieve blockages and tone the skin. A course of treatments is recommended.

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## Nurturing Pregnancy Therapy

1h 15m, 140€

A relaxing, unwinding therapy for expectant mothers, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. This nurturing therapy will help treat muscular aches, fluid retention, stress and fatigue.

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## Traditional Relief Back & Shoulder Massage

25m, 80€

"Grandma's" Classic massage using a variety of traditional Greek techniques and strokes. Warm certified organic infused olive oil & crystal of camphor is massaged rhythmically over the body, and is followed by a hot towel treatment. This rhythmic massage focuses purely on the back and shoulders area to relieve specific stress and muscle tension. The key techniques of deep tissue muscle massage are experienced in this mini massage.

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## Reflex Feet and Legs massage

30m, 80€

Based on reflexology methods, this massage is a very effective technique that helps eliminate fatigue and totally reinvigorates legs and feet. It will also help relax the central nervous system and regulate your body energy, which during our daily routines tends to gather on the shoulders, the back of the neck and the head.



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## Exotic Black Sand Body Scrub, Wrap and Massage Ritual

1h 15m, 155 €

*Relaxing, nourishing, re-mineralising*

This ultimate exfoliating experience with Black Sand from Tahiti and aromatic oils actively sweeps away dead surface skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The delicate fragrance of exotic verbena promotes a holistic sense of wellbeing and relaxation. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralise the skin, followed by a revitalising exfoliation and body wrap. This therapy concludes with a Phyto-Aromatic full body massage, to reawaken your senses.

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## Nude Sand Warming Scrub Experience

45m, 85€

*Moisturising, nourishing, soothing*

A wonderful Bora Bora sand exfoliation, to softly warm up your senses and leave your skin smoothed to perfection, hydrated and glowing. A relaxing massage using botanical oils, full of vitamins and omega 3 & 6 makes this treatment a truly divine experience.

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## Detoxifying Spirulina Wrap

60m, 130€

*Detoxifying, purifying, uplifting*

A detoxifying, slimming and energy boosting treatment, this envelopment begins with gentle exfoliation to boost circulation combined with seaweed extracts to harness the powerful cleansing and re-mineralising benefits of the ocean. This natural seaweed wrap re-metabolises the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management programme. As a final touch, choose between 2 organic detoxifying juices, the perfect ending to a body purifying experience like no other.

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## Hydrating Body Envelopment

60m, 125€

*Soothing, re-hydrating, healing*

An ultra moisturising and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body exfoliation and scalp massage followed by an application mask combined with nutrient rich treatment oils. A perfect full body thirst quencher for tired sensitive skin.



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## Deep Cleansing Facial

1h 30m, 140€

*Detoxifying, purifying*

Ideal for city skins or imbalanced, stressed skins suffering from breakouts or congestion. This complete deep cleansing facial is achieved through traditional steam and extraction techniques. A detoxifying and rebalancing peel-off mask is then applied using intensive complexes to give that deep clean feeling.

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## Bubbling Mud with Massage

1h 15m, 140€

*Uplifting, remineralising, revitalising*

The Bubbling Mud Back Therapy Treatment with an extra zing! After the mud has been removed it doesn't end there, you get a de-stressing back and soothing scalp massage combined with warmed stones and a cold ice pressure point face and eye massage to leave you completely zoned out!

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## Black Sand Polish and Warm Oil Massage

55m, 100€

*Soothing, tension releasing*

An express black sand exfoliation, leaving skin smooth & hydrated followed by a soothing hot oil massage to banish muscle aches and tension.



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## Spa for Two

1h 30m, 150 € (*price per person*)

Relax together in the privacy of your own VIP Suite. Enjoy the warmth of the Steam Room to release tension before you drift away with an Anne Semonin Made to Measure massage where your therapist will blend a unique mix of Phyto-Aromatic oils to suit your needs.

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## Drift Away Face and Body Treat

2h, 160€ (*price per person*)

The ultimate in relaxation: Indulge in the warmth of the private Steam Room before you drift away for an hour and half of Anne Semonin treatments. A Phyto-Aromatic Express Facial to replenish and hydrate the skin is followed by 55 minutes of sheer bliss of a Made to Measure full body massage with your own unique blend of Phyto-Aromatic oils to soothe, relax, restore or detox.

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## Body Scrub with Massage Ritual

2h, 180€ (*price per person*)

A wonderful Bora Bora sand exfoliation, to softly warm up your senses and leave your skin smoothed to perfection, hydrated and glowing. A relaxing massage using botanical oils, full of vitamins and omega 3 & 6 makes this treatment a truly divine experience.



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## My Glamorous Manicure

25m, 25€

Complete your holiday look with a fab make-over for your hands. Nail buffering, nail polish and to finish a massage with the luxurious Anne Semonin Hand Cream.

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## My Perfect Pedicure

30m, 30€

Give your feet a toe tingling holiday treat too. Enjoy a footbath, followed by nail buffering, nail polish and completed with a Botanical Body Milk massage.

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## My So Soothing Neck & Back Massage

25m, 50€

After a hard day on the beach enjoy a soothing neck & back massage with the new AS Botanical Body Oil – Anti Oxidant and Vitamin (massage using Anne Semonin's Vitamin Rich Body Oil, essential-oil free and rich in anti-oxidants).

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## My Fantastic Facial

25m, 40€

All the sun and tanning lotions can be harsh on young skin, so treat your face to a little TLC – and get a hand or foot massage while it all happens! Cleansing: Botanical Milk & Botanical Toner (or Oligo-Cleansing Gel), Peeling: Exfoliating Mask, Mask: Cream Mask, Finish: Marine Emulsion & Tissue Serum if sensitive

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## My Massage with Mum/Dad

25m, 100€

Make your way to the Club Spa for the perfect soothing side-by-side relaxing neck& back massage.

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## My Dreamy Body Peeling

30m, 50€

Holidays are all about chillin' out, so take things very easy with this relaxing and soothing body exfoliation. Body peeling: Anne Semonin Nude Body Scrub / Exotic Verbena Shower Gel, Finish: Anne Semonin Botanical Body Milk



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## Manicure

45€

A nail tidy and polish application of your choice and you are ready to go.

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## Anne Semonin

### Supreme Hands Manicure

65 €

A softening and hydrating arm, hand and nail treatment which includes gentle exfoliation combined with luxurious aromatic oils. Cuticles and nails are refined & skin is nourished. Finish with a file & polish.

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## Pedicure

55 €

Freshen and liven up toes with this quick fix pedicure. Includes a choice of polish.

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## Anne Semonin Perfect Feet

### Pedicure

75 €

Treat your feet with this nourishing, conditioning foot and nail treatment to leave you groomed and revitalised. Finish with a file & polish.

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## Shellac & Manicure

Flaunt your creativity and bring your nails to life with Shellac coating system. The original system that delivers 14+ days of flawless wear, superior colour and mirror with zero dry-time plus no nail damage.

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Shellac & Manicure	65€
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Shellac & Pedicure	75€
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Shellac File & Polish Hands	35€
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Shellac File & Polish Feet	35€
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Shellac Removal	15€
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## Waxing

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Eye Brow Shape	15€
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Upper Lip Wax	15€
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Under Arm Wax	20€
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Full Arm Wax	25€
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Full Leg Wax	45€
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Half Leg Wax	35€
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Bikini Line Wax	20€
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Deep Bikini Wax	35€
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Chest Wax	30€
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Back Wax	35€
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*French manicure or pedicure upon request with an additional charge of 5€*



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## Spa policies

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### *Should I make a reservation in advance?*

Yes, and it is best to do so upon or prior to your arrival at the resort to ensure availability.

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### *Who can guide me in choosing my treatment?*

Our spa concierge can assist you in planning the perfect spa experience, including the best sequence for your treatments.

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### *What is the Cancellation policy?*

Out of consideration for all guests, a minimum of 24 hours notice is required to cancel or reschedule. Cancellation or time change within this time will result in a 50% fee being charged. "No show" appointments are charged at full price of the treatment booked.

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### *Is there a service charge?*

No service charge or gratuity is added to your bill; they are of course appreciated, however it is left at your discretion as a reflection of service quality.

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### *What about payment for spa services?*

We accept all major credit cards. You may also charge spa services to your hotel bill. For your convenience, payment is also accepted prior to your treatment.

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### *What if I am late for my appointment?*

Arriving late will simply limit the time available for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed. The full value of your treatment will be charged.

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### *May I bring my child to the spa?*

We regret that children under the age of 16 years are not able to use the spa facilities however we do offer a Junior Spa menu for children aged 12-16.

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## Health questions

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### *What if I am pregnant?*

Certain treatments should be avoided during pregnancy. If you are pregnant, please notify our spa concierge when you make your appointment so they can offer guidance. Furthermore, some treatments may require a doctor's authorisation.

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### *What if I have special health considerations?*

Please notify our spa concierge before scheduling your treatments if you have high blood pressure, allergies, any other physical ailments or disabilities, if you are on any medication, or if you are pregnant. If you have any concerns at all, please let us know. If at any time during your treatment you experience discomfort, please alert your therapist immediately.

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## Upon arrival

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### *How to enjoy your treatment?*

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify us of any discomfort or preferences.

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## Prior to arrival

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### *When should I arrive?*

For your comfort and relaxation, we suggest that you arrive 45 minutes before your scheduled treatment. This will allow you to relax in our lounge and use the Thermal Experience.

Should you not wish to use the Thermal Experience please arrive 15 minutes before your treatment to complete our spa consultation form.

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### *What will I wear?*

Please arrive showered, wearing your robe and slippers supplied in your room. If necessary a robe, towel, slippers, shower facilities and secured locker will be provided. Swimming costumes are required to be worn in the Thermal Experience. Nudity is not permitted.

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### *What should I wear during my treatment?*

You will be provided with disposable underwear. During all treatments, the body is fully covered, except for the area being treated. Before and after your treatment, robes and slippers are provided.

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### *What about my jewellery?*

Jewellery and valuables should not be brought to the spa. If you are a hotel guest, please leave valuable items in the safe in your room. The hotel does not assume liability for any valuables left in the spa.

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### **Spa etiquette**

Our Spa environment is one of tranquillity and relaxation. Please respect other guests' right to privacy and serenity by not using your mobile phone or pager. Smoking is prohibited throughout the spa.

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### **Spa services**

*Are gift certificates available from The Club Spa?*  
Beautifully presented Anne Semonin Spa gift vouchers are the perfect gift for any occasion. For your convenience gift vouchers may be ordered by phone and will be dispatched the same day.

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### **Opening hours**

Every day from 8am to 8pm  
Spa treatments hours from 9am.  
Last treatment ends at 19.45pm

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### **Spa contact**

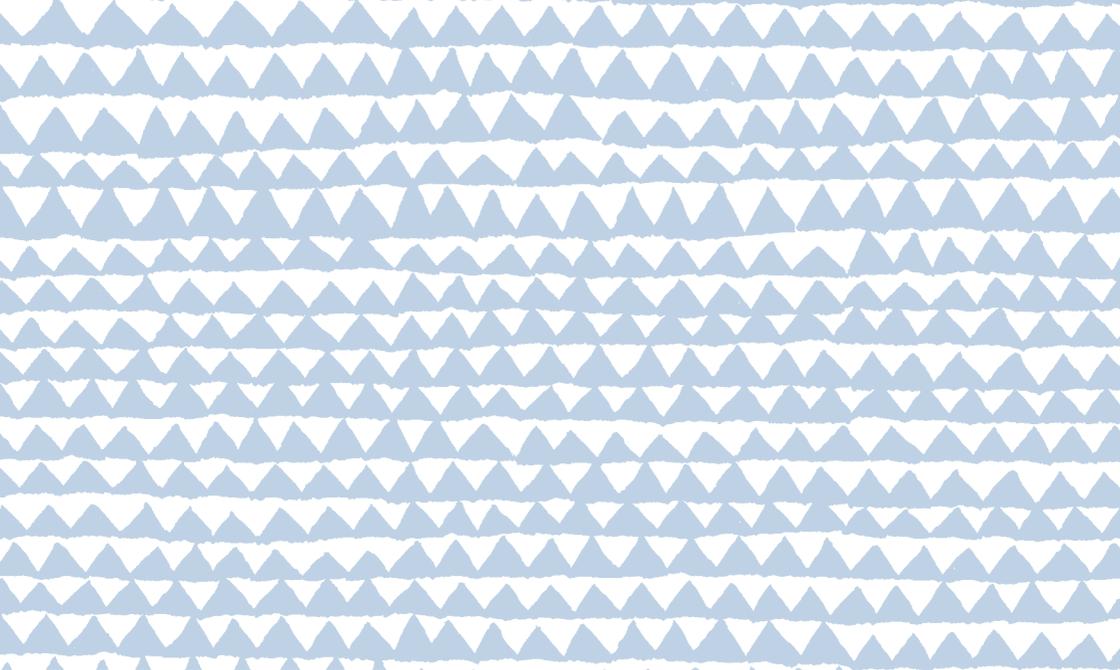
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### **...and finally a tip**

'Take the time to wander through your room to the spa. Breathe the pure air, relaxing your mind and body as a prelude to your treatment'





**SANI S.A.**

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