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Spa Menu

Intuitive Therapy

With our Intuitive Therapy we have decided to forgo the usual choreographed treatments, allowing our therapists to work closely with you to discover your needs and wants. We believe this will create a healing space for both yourself and your therapist to establish an increased awareness of your mind/body connection. Intuitive Therapy can include focused massage on areas that require detailed attention, reflexology, and energy work that would be the most beneficial for you.

Massage Therapy from Around the Globe

Balinese is a full body, relaxing medium tissue holistic treatment. It uses a combination of gentle stretches, acupressure and smooth flowing massage techniques to stimulate the flow of blood, oxygen and energy around your body, and bring a sense of wellbeing, calm and deep relaxation.

Thai Massage combines gentle or strong, yoga-like stretching. It is often called the 'lazy man's basic yoga'. It works with muscle compression, joint mobilization, and acupressure of the muscles, tendons, pressure points, and energy lines leaving you refreshed and energized.

Indian Head Massage focuses on your head, neck and shoulders, leaving you deeply relaxed yet energized. Indian Head Massage is an ancient therapeutic treatment that has been practiced in India for thousands of years and is incredibly relaxing. It is part of the Hindu holistic wellness practice of Ayurveda.

Swedish Massage is the best known type of bodywork performed today. One of the primary goals of Swedish massage is to relax the entire body, focusing on improving circulation of the blood and lymphatic system and relaxing muscles using a specific set of massage movements: effleurage, or sliding movements; petrissage, or kneading movements; friction or rubbing; vibration and percussion. It traditionally includes passive and active joint movements, stretching and bending joints with the assistance of the massage therapist.

Deep Tissue Massage focuses on stretching the fascia, a web of connective tissue that surrounds, supports and accesses all your muscles, bones, nerves, and organs. This massage technique works layer by layer through connective tissue and muscles; down to the deepest accessible layers to assist in correcting posture and to create increased freedom of movement.

Hot Stone Massage uses smooth, heated volcanic stones as an extension of the therapists' own hands, or by placing them on the body. The heat can be both deeply relaxing and help warm up tight muscles so the therapist can work the muscles deeply. This therapy melts away tension, eases muscle stiffness and increases circulation and metabolism.

Pre/Post-Natal Massage is a wonderful choice for prenatal care. It has been specially designed for the pregnant or nursing mother to improve overall health, reduce stress and relieve muscle tension during this very special time.

Scrubs and Wraps

Sodashi Detoxifying Marine Body Wrap combines the richness of marine plants, algae, marine minerals and plant essences to deeply detoxifying the body. A full body exfoliation with Sodashi's Organic Green Tea Salt Therapy Exfoliate softens the skin before a warm Sodashi Marine Body Mask is applied, and the body is cocooned in a comforting wrap. A soothing scalp massage is performed for complete comfort and total relaxation. To finish, a revitalizing lotion is massaged into the skin to leave the body feeling completely rejuvenated.

Sodashi Refining Body Toner begins with a full body exfoliation with Sodashi's Jojoba Bead Body Polish, followed by the application of a nurturing full body mask and comforting body wrap. A scalp massage is performed to complete the feeling of total relaxation. Sodashi's Refining Body Mask, rich in French Pink Clay and herbal extracts firms, tones, and conditions the skin. This rejuvenating therapy is extremely beneficial in the treatment of scar tissue and stretch marks; it is safe and effective during pregnancy.

Sodashi Jetlag Recovery is a balancing treatment for the face and body, it boosts and re-energizes the body's systems after travel. To reduce jetlag and fatigue a relaxing back massage is performed followed by a Himalayan salt exfoliation and warm aromatic compresses. This deeply reviving treatment is completed with a refreshing mini facial and application of Sodashi's signature Jetlag tonics.

Sodashi Sun Soother uses soothing compresses of lavender and geranium plant essences gently placed over your body to calm redness and irritation. A cooling mist is spritzed on the skin to reduce body heat. Selections of treatment lotions are then applied to activate skin rejuvenation, moisturize, even the skin tone, and prevent any skin damage.

Soneva Jani Spa Coconut Scrub is our local addition; a soothing and nourishing body therapy using coconut extracts to polish, while an application of virgin coconut oil reveals soft and radiant skin. Add on any of the following 30-minute treatments to create your own special package to suit your individual needs.

Sodashi Scalp Treatment is a luxurious and moisture-rich Sodashi scalp mud that is massaged into your scalp, helping to release pressure and tension. This treatment helps to balance and cleanse the scalp, as well as encouraging healthy hair growth.

Foot Massage Treatment is performed on the soles of your feet to create a profoundly relaxing experience.

Back, Neck & Shoulder Massage focuses on the typical stress and tensions points.

Express Facial includes a cleanse, exfoliation, and massage, leaving you feeling refreshed and radiant.

Ayurvedic Therapy

Abhyanga is an ancient Indian oil massage therapy for deep relaxation and healing. It gives a feeling of stability and warmth while decreasing the effects of aging, increasing circulation, aiding in detoxification and leaving your skin soft and smooth.

Shirodhara pours warm herbal medicated oil over the third eye chakra, the vital energy point located in the centre of forehead. It helps improve blood circulation, increase oxygen levels, nutrients, and energy flow to the brain, activating depressed areas of the brain, alleviating fatigue, depression, mental stress, and improving concentration.

Podikizhi Therapy involves small linen bags filled with medicated powder, made from different herbal plants, which are heated and applied all over the body to induce sweating. The bags are applied on different parts of the body to relieve joint and muscular pain, stiffness, numbness, disc problems, arthritis and different paralytic conditions, improve circulation and reduce swelling.

Nidraasana Sleep Programme

Do you have trouble sleeping or do you suffer from jet lag? Do you feel like the quality of your sleep could be improved? Meet with our Sleep Ambassador, who will create a customised three- or seven-day programme.

Your bespoke itinerary will include one of our treatments at the Spa like the Nidraasana Sleep Ritual, Reiki, and activities that help promote a good nights' sleep, such as Tai Chi, Qi Gong, and Night Snorkelling.

You will also have a customised Sleep Box filled with goodies to help you on your way to dreamland. We have a whole range of sleep accessories that can go in your Sleep Box, which we refresh each day. We encourage you to try as many of them as you wish during the programme to see which work best for you. These include special sleep chocolates, teas, homeopathy and Ayurvedic remedies, Chakra drops and stones, and specially made roll-ons. At the end of your stay, you can take your favourite items home with you.

We recommend that only individuals or couples book this programme. For more information, please contact the Spa or your Barefoot Butler.

Nidraasana Sleep Ritual

We recommend you book this treatment no earlier than 16:00 to experience the full effects for a good night's sleep. The Nidraasana Sleep Ritual is Soneva Spa's very own luxurious bespoke treatment that was created to improve your sleep quality. This treatment is ideal for jet lag, mild insomnia, people who suffer from irregular sleep patterns, and anyone else who wants better quality sleep.

The massage ritual starts off seated with a specially made foot soak and scrub followed by an Ayurvedic herbal hot compress applied to the upper body, which is followed with acupressure, reiki, and chakra stones. A full body massage follows, using our secret combination of sleep-enhancing ingredients in our very own bespoke massage oil, foot spray, oil incense, essential oils, chakra drops and room mist.

This indulgent and luxurious treatment is concluded by manipulating facial pressure points and an Indian Head and Scalp Massage, finally ending with Reiki, moving from the head to the feet for a resplendent and profound sense of relaxation and readiness for a good night sleep.

We recommend an in-villa bath with our Bath Sleep Salts directly after the massage ritual to perfectly enhance the effects of this wonderful treatment.

Reiki

'Rei' means universe and 'Ki' means energy

The ancient traditional hands-on energy treatment from Tibet was rediscovered in the early 19th century by Dr. Usui of Japan. It is conducted through the clothes and therefore non-intrusive, allowing the recipient to receive a subtle but profound energy flow from the therapists hands on the areas connected to the seven main chakra points. This treatment brings the recipient into a deep Alpha state of para-sympathetic recovery and relaxation, which enables better quality sleep, a calmer state of mind, an enhanced sense of wellbeing and mild detoxification benefits.

Vitamin IV Therapy

Immunity Amplifier
Boost your immune system and combat whatever life may throw at you. A high dose of vitamin C has been shown to fight off infections. B12, zinc, a mineral blend, ascorbic acid, and glutathione will heighten your immune system and have it running better than ever. This IV treatment is great if you have a cold or the flu.

Beverly Hills Blast
Start your holiday feeling beautiful inside and out when you rehydrate, replenish, and restore with this famous IV solution from Beverly Hills. It includes antioxidants, which prevent the skin from aging. This solution contains a vita-complex, zinc-chloride, and electrolytes, all ideal for hydrating the skin, and restoring collagen and elastin. High doses of ascorbic acid and glutathione brighten the skin, leaving you feeling younger, beautiful, and more confident than ever. This vitamin therapy is a mainstay for celebrity clientele in Beverly Hills.

Jetsetter's Shot
Rid yourself of jet lag after travelling to the Maldives. This vitamin therapy will help you recover faster, using a solution of B12, magnesium chloride, a vita-complex, ascorbic acid, and selenium. Wave goodbye to jet lag just after arrival or indulge in one prior to departure, allowing you to enjoy your onward journey to the fullest.

Sommelier's Secret
Indulging in late nights of premium wines or spirits should never put a dampener your trip. Feel revitalised and ready to taken on a wine tasting or two with this proprietary blend of B5, zinc, mineral blend, vita-complex, taurine + Toradol**(requires a physician's permission), that will help erase your hangover blues.

Slimming Boost
Give your weight loss journey an extra boost with this specially formulated infusion. Vita-complex, taurine, MICC, and ascorbic acid help remove toxins from the body and delivery essential nutrients to your cells. Taurine helps improve digestion as fats are broken down. Proper hydration also helps to alleviate hunger.

Sun Soother
Did you accidentally catch too many rays? This IV therapy can help It heal faster with glutathione, a powerful antioxidant with anti-inflammatory properties. Vitamin C boosts the immune system and helps repair the skin, while Vita-complex improves its texture and moisture retention. Magnesium calms redness and biotin prevents skin dryness and dehydration, while giving you a quick energy boost.

Our Facials by Sodashi

Sodashi products are 100% chemical free, luxurious and effective. In Sanskrit, Sodashi translates to "wholeness, purity and radiance", and these words aptly describe Sodashi products and their unique spa treatments. Produced in Australia, Sodashi's skin and body care products and spa therapies use only natural ingredients from the earth and sea, including extracts and essential oils of the purest and highest grade.

FACE THERAPY
These facials incorporate Sodashi's specialized facial massage technique.

Sodashi Thermal Infusing Facial is an intensive boost of nature's most potent vitamins and minerals, incorporating Sodashi's exclusive Thermal Mask to maximize the penetration of the essential ingredients into the deeper layers of the skin. This indulgent treatment is tailored to individual skin needs: to purify and deeply cleanse or nourish. Hydrating and restoring forgotten elasticity and radiance, this is more than a facial – it is nature's face lift.

Sodashi Marine Mineral Facial utilizes marine plants to restore radiance and glow to your complexion. Tailored to each guest's unique skin type, it is the perfect treatment to oxygenate, tone, and revitalize the skin.

Sodashi Samadara Ultimate Age-Defying Facial uses a sequence of timeless, anti-aging techniques rooted in Ayurvedic healing traditions that are designed to reawaken the skin's natural healing energies. Turn back the hands of time and transform the skin with this intensely hydrating and nourishing treatment to increase firmness and elasticity, diminish the appearance of fine lines and restore a youthful glow. A Rose Quartz Crystal facial massage enables the powerful Samadara Ultimate Age-Defying Crème to penetrate deeply into the skin for maximum benefit.

Sodashi Samadara Ultimate Age-Defying Eye Treatment is the ultimate treatment for eyes in need of extra pampering. Petite rose quartz crystals are used to gently massage around the eyes to restore tone, remove tension from the eye area, and reduce fine lines. Samadara ™ Ultimate Age-Defying Eye Crème is applied under a mineral-rich eye mask, which gently warms to enhance the absorption of plant essences into the deeper layers of the skin. Timeless anti-aging techniques rooted in Ayurvedic healing traditions are performed over the eye area to complete this luxurious experience.

Amala Facial and Body Treatments

Facials

Living Beauty Signature Facial
Suited for all skin types. To begin this highly personalised, pampering facial, your therapist will first assess the health of your skin, address your long- and short-term beauty goals, and create a tailor-made treatment loaded with a powerhouse of active plant botanicals that your skin craves the most. This facial includes an all-natural exfoliation, two nourishing masks and a specialised, deeply restorative Vedic Marma Point facial ritual to help you relax and unwind, while delivering a visibly radiant complexion.

Advanced Firming Facial
Suited for mature skin and skin lacking density. This luxurious facial was specially created for skin that lacks vitality and firmness. After a gentle cleanse and exfoliation, an active, mineral-rich algae mask is applied to lift and plump your skin, helping transform it through increased penetration of EFA-rich and pro-collagen firming active ingredients. The result: an immediate firming effect, with skin looking and feeling smooth, refined and youthfully radiant.

Face Time For Gents
Ideal for men's skin (all skin types). Achieve clearer, smoother and more refined skin with this deep cleansing and pore minimising treatment. It includes a double cleanse, hot towel compress, all-natural AHA- and BHA-infused exfoliation, concentrated extractions, detoxifying clay mask and a relaxing neck, shoulder and scalp massage.

Hydro Comfort Omega-Rich Facial
Ideal for sensitive, delicate or reactive skin, as well as those who suffer from skin tightness, blotchiness, rosacea, environmental aggressors and allergies. Drench your skin in soothing moisture. This comforting, therapeutic facial was designed with the most delicate skin in mind. A double dose of Amala's luxurious Pre+Probiotic Hydrating Yogurt Mask creates a protective barrier to seal in moisture for up to 72 hours and fend off irritants. It helps prevent dehydration, smoothes fine, dry lines and soothes reactive complexions.

Luminous Vitamin C Boost Facial
Ideal for dull or sun-damaged skin, uneven skin tone and hyperpigmentation. A clarifying-boosting treatment, perfect for skin lacking in radiance and clarity, that is designed to target uneven skin tone and breathe life back into a dull complexion. A deep-action, all-natural exfoliation awakens the luminosity of your skin and a groundbreaking system of advanced skin treatments, rich in Vitamin C and Tonka Bean Pre+Probiotic infusions, deliver extraordinary brightening results, naturally.

Pore Clarifying Cleansing Facial
Ideal for oily, combination, congested and acne-prone skin. This purifying, mineral-rich facial emphasises deep cleansing and exfoliation. It features a plant-based AHA- and BHA-infused micro polish, followed by gentle extractions to decongest the pores. Detoxifying Rhassoul Clay and Charcoal Clay masks work together to purify and calm the skin. A refreshing blue gel serum completes this treatment to promote a clear, healthy complexion.

Body Treatments

Cleanse and Clarify Rhassoul Clay Body Wrap
This deeply detoxifying treatment begins with a stimulating body polish to accelerate cell turnover. Cocooned in a warm Rhassoul Clay body wrap, organic plant oils and a cocktail of pure essential oils and extracts (pau rosa, juniper berry, grapefruit and immortelle) work together to eliminate toxins, eradicate visible signs of cellulite and improve skin texture. This treatment includes a body exfoliation, body wrap and body moisturisation.

Jet Lag Reviver
Reduce fatigue and enhance your jet lag recovery. The journey begins with a dry body brush to stimulate the senses and awaken the mind. It is followed by an energy-boosting full body massage, customised to focus on the achy spots of your choice, and ends with a restorative scalp massage. This treatment is perfect for recovering after a long-haul flight.

Add-Ons & Upgrades

Firming Sea Algae Mask Upgrade
Lift, firm and re-densify your skin with this active, mineral-rich algae mask. It restores the skin's tone and elasticity, while leaving it feeling soft and velvety smooth.

Soothing Hydration Upgrade
This indulgent facial upgrade includes a nourishing Pre+Probiotic Hydrating Yogurt Mask, coupled with a specialised, deeply restorative Vedic Marma Point facial ritual to help you feel completely refreshed and de-stressed.

Manicure and Pedicure by Spa Ritual

Plant-based, Organic and Against Animal Cruelty

Spa Ritual believes that slowing down is the path to enlightenment, and is committed to creating earth sustaining products that relax, nourish, and reconnect mind, body, and spirit. Only in a place unconstrained by time, envy or vanity can we experience our true selves. In this place where we find Slow Beauty. Spa Ritual provides spa treatment products and resources to help you de sign and sustain a Slow Beauty practice. We believe that what we put on our bodies is as important as what we put in our bodies.

Proudly plant-based and cruelty-free, Spa Ritual is deeply committed to caring for all living creatures.

Certified organic ingredients are used in our formulations whenever possible. Certified organic plants are grown without synthetic herbicides, pesticides or GMO's.

Waxing by Clean & Easy is available on request.

Spa Experiences

Togetherness means unwinding together in the privacy of one of our couple's massage rooms. Treatments include: Steam, sauna, 30-minute full body Green Tea, Coconut & Mint Exfoliation, followed by a 60-minute Swedish Massage.

Ayurvedic Retreat
Treatments include: Podikizhi Therapy (small linen bags filled with medicated powder made from different herbal plants are heated and applied all over the body to relieves joint and muscular pain, stiffness, numbness, disc problems, arthritis and paralytic conditions, circulation problems and swelling) followed by Shirodhara (pouring warm medicated herbal oil over the third eye chakra).

Ultimate Indulgence
Treatments include: Refining body toner (Jojoba Bead Body Polish followed by the application of a nurturing full body mask), 60-minute Balinese Massage followed by a 30-minute facial massage focused on relaxing the facial muscles.

Movement

Private Yoga and Meditation Sessions are available for all guests, whether a novice or a yogi, we will work the yoga class around you and your needs. These sessions may be hosted at the yoga pavilion, fitness centre, beach, or in the privacy of your villa.

Fitness

Our personal trainer, Eric Munters, has been working as a personal trainer in Sweden for over 10 years. He has a background in functional fitness, CrossFit, and nutrition.

Personal Training
Eric can help with all of your fitness goals. Whether that is a strength training or cardio session, working on your posture and mobility, or simply guide you in your goals, discuss motivation and meal plans. All sessions can be hosted at the fitness centre or in the privacy of your villa.

Jungle Gym
Full body workout in our outdoor training park. Train surrounded by screw pine trees on our figure eight-shaped course as you traverse monkey bars, test yourself with a rope climb, sandbag throwing and more!
We provide our guests with towels and cold water.

Nutritional Advice
Do you struggle to see results from your current fitness routine? Do you often feel fatigued or that you have dips in your energy levels throughout the day? A change in the way you approach your diet may be all you need. Sit down with Eric to go over what your typical day-to-day food consumption is, he will then suggest new eating and nutrient routines, as well as general tips and tricks on sticking to your meal plan.

Children's Wellness Corner

Create a memorable day at the Spa for your children with a variety of spa treatments.

Children's Massage
Pamper your little princes and princesses with a gentle and relaxing full body massage with pure virgin coconut oil.

Yummy Coconut
A gentle all over body scrub using fresh coconut which will leave their skin soft and exfoliated.

Pretty Me
Begin with a soak followed by a red tea rose hand scrub. Finish with a gentle massage with using green tea, lemongrass and rosemary lotion, and choice of nail polish.

Fancy Feet
Begin with a soak followed by a black tea, orange and clove foot scrub. Finish with a gentle massage using green tea, lemongrass and rosemary lotion, and choice of nail polish.

Spoil Me
Begin with a gentle head massage with warm coconut oil followed by a relaxing foot massage.

Your Lifestyle Spa and Wellness Experience with Us...

Our Soneva Jani Spa is open from 9am - 6pm

Our Soneva Jani Movement Centre is open from 6am – 11pm (but do let us know if you would like us to open earlier or later)

We would kindly request that you arrive to the spa at least 15 minutes prior to your treatment to complete our Lifestyle Consultation or to just enjoy our steam and sauna or our beautiful relaxation room overlooking the uninterrupted crystal blue seas.

Bookings and cancellations can be made through your Barefoot Butler or to the spa directly. If you need to cancel or modify a session, please advise the spa or your Barefoot Butler at least 4 hours prior to your treatment or workout/yoga session.

We suggest that you leave all valuables in your safe in your villa. In-Villa therapy has a surcharge of 20% of listed prices.

Our health advice to ensure a healthy and safe personal training session or yoga workout - our Movement Specialist suggests eating no later than 60 - 90 minutes prior to your session. We would need you to complete our health and medical form, which is preferably submitted prior to your session. Please be aware that your information will be kept strictly confidential and will only be used in order to adjust your workout to any pre-existing, relative health conditions you may have.

Soneva Jani

Price List

	Duration	Price
Intuitive Therapy	*90 minutes*	*USD 250++*
	120 minutes	*USD 340++*
	180 minutes	*USD 540++*
Massage Therapy from Around the Globe		
Balinese Massage	*1 hour*	*USD 185++*
	90 minutes	*USD 220++*
Thai Massage	*1 hour*	*USD 200++*
	90 minutes	*USD 230++*
Indian Head Massage	*45 minutes*	*USD 160++*
Swedish Massage	*1 hour*	*USD 185++*
	90 minutes	*USD 210++*
Deep Tissue Massage	*1 hour*	*USD 195++*
	90 minutes	*USD 225++*
Hot Stone Massage	*90 minutes*	*USD 230++*
Pre/Post Natal Massage	*1 hour*	*USD 185++*
Scrubs and Wraps		
Sodashi Detoxifying Marine Body Wrap	*80 minutes*	*USD 195++*
Sodashi Refining Body Toner	*1 hour*	*USD 185++*
Sodashi Jetlag Recovery	*1 hour*	*USD 185++*
Sodashi Sun Soother	*45 minutes*	*USD 165++*
Soneva Jani Spa Coconut Scrub	*45 minutes*	*USD 155++*
Sodashi Scalp Treatment	*30 minutes*	*USD 100++*
Foot Massage Treatment	*30 minutes*	*USD 70++*
Back, Neck & Shoulder Massage	*30 minutes*	*USD 95++*
Express Facial	*30 minutes*	*USD 100++*
Ayurvedic Therapy		
Abhyanga	*1 hour*	*USD 210++*
	90 minutes	*USD 250++*
Shirodhara	*1 hour*	*USD 200++*
Podikizhi Therapy	*1 hour*	*USD 220++*
	90 minutes	*USD 260++*

Inspiring a lifetime of rare experiences

Price List

	Duration	*Price*
Sleep Therapy		
Nidraasana Sleep Programme	*5 or 7 days*	*USD 400++ (Per day)*
Nidraasana Sleep Ritual	*120 minutes*	*USD 350++*
Reiki	*1 hour*	*USD 275++*
Vitamin IV Therapy		
Immunity Amplifier	*40 minutes*	*USD 315++*
Beverly Hills Blast	*40 minutes*	*USD 330++*
Jetsetter's Shot	*40 minutes*	*USD 275++*
Sommelier's Secret	*40 minutes*	*USD 315++*
Slimming Boost	*40 minutes*	*USD 375++*
Sun Soother	*40 minutes*	*USD 315++*
Facials by Sodashi		
Sodashi Thermal Infusing Facial	*90 minutes*	*USD 230++*
Sodashi Marine Mineral Facial	*75 minutes*	*USD 210++*
Sodashi Samadara Ultimate Age-Defying Facial	*105 minutes*	*USD 265++*
Sodashi Samadara Ultimate Age-Defying Eye Treatment	*45 minutes*	*USD 185++*
Amala Facial and Body Treatments		
Living Beauty Signature Facial	*90 minutes*	*USD 290++*
Advanced Firming Facial	*1 hour*	*USD 230++*
Face Time For Gents	*1 hour*	*USD 230++*
Hydro Comfort Omega-Rich Facial	*1 hour*	*USD 230++*
Luminous Vitamin C Boost Facial	*1 hour*	*USD 230++*
Pore Clarifying Cleansing Facial	*1 hour*	*USD 230++*
Cleanse and Clarify Rhassoul Clay Body Wrap	*1 hour*	*USD 200++*
Jet Lag Reviver	*1 hour*	*USD 200++*
Firming Sea Algae Mask Upgrade	*15 minutes*	*USD 100++*
Soothing Hydration Upgrade	*15 minutes*	*USD 50++*
Manicure and Pedicure by Spa Ritual		
Manicure	*1 hour*	*USD 90++*
Pedicure	*75 minutes*	*USD 100++*
File & Polish	*30 minutes*	*USD 60++*

Inspiring a lifetime of rare experiences

Soneva Jani

Price List

	Duration	Price
Spa Experiences		
Togetherness	*90 minutes*	*USD 400++ (Per couple)*
Ultimate Indulgence	*150 minutes*	*USD 330++*
Ayurvedic Retreat	*105 minutes*	*USD 330+*
Movement		
Private Yoga / Pranayama	*1 hour*	*USD 150++ Per person) and USD 195++ (Per couple)*
Meditation	*45 minutes*	*USD 100++*
Fitness		
Personal Training	*1 hour* *90 minutes*	*USD 150++* *USD 225++*
Jungle Gym	*1 hour* *90 minutes*	*USD 150++* *USD 225++*
Nutritional Advice	*30 minutes*	*USD 90++*
Children's Corner		
Children's Massage	*30 minutes*	*USD 60++*
Yummy Coconut	*30 minutes*	*USD 50++*
Pretty Me	*30 minutes*	*USD 40++*
Fancy feet	*30 minutes*	*USD 40++*
Spoil me	*30 minutes*	*USD 60++*

** All prices are quoted in USD$ and are exclusive of 12 percent Governmental Taxes and 10 percent Service Charge*

Inspiring a lifetime of rare experiences