



ZANZIBAR
WHITE SAND
LUXURY VILLAS



RELAIS & CHATEAUX®

SPA Treatments





At Zanzibar White Sand Luxury Villas & Spa, we encourage you to embrace a holistic approach to your well-being and indulge in a wide range of treatments offered in our spa.

Our offer is crafted with your health and comfort in mind and the treatments may be offered in an individual or couple setting for your convenience. Draw inspiration and energy from the nature surrounding the open treatments rooms, the smell of the sea and the tropical wildlife to relax, rejuvenate and reconnect with inner peace and joy. As a prelude or interlude to your treatments, enjoy a sauna or hammam session in our dedicated amenities.





SPA treatments

one hour massages

\$ 90

Relaxing Massage

Relax your senses with a full body treatment using exquisite oil of rose, jasmine or lavender to calm your nervous system and leave you completely at peace.

Tonifying Massage

This full body massage combines deep stretching, stroking and kneading pressure to stimulate the blood flow as well as release arthritic pains and muscular tensions.

Acupressure Massage

Concentrating on your energy channels (nadis), we balance and connect your chakras to encourage life energy (prana) flow with different pressure point techniques. For skin that is stressed or fatigued, firm pressure relaxes features and smoothes fine lines.

Warm Oil Massage

In this treatment, the Zanzibar tree of life oil is warmed and used to work deeply into the entire tension zone from head to toe to alleviate pain and stress, promoting circulation.

Zanzibar Spice Massage

Revive your skin's natural health with this traditional oil based treatment. A holistic massage with Zanzibar spices and coconut oil is used to stimulate blood circulation and strengthen the immune system.

Stress Relief

Combined legs, back, shoulder and head massages to relax all tension zones and invigorate your body and mind.

Legs Massage

A combination of deep massage pressures on the back and the front of your legs leaves your leg ache-less, toxin free, lighter and more energetic.

African Rain Foot Massage

An ancient technique concentrating on reflex points on the foot to release and relax your body.

Body Kahawa Scrub

Delight your senses with lovely smell, great relaxation and all skin impurities removed, leaving your skin totally softened and smoothed.

Body Renewal

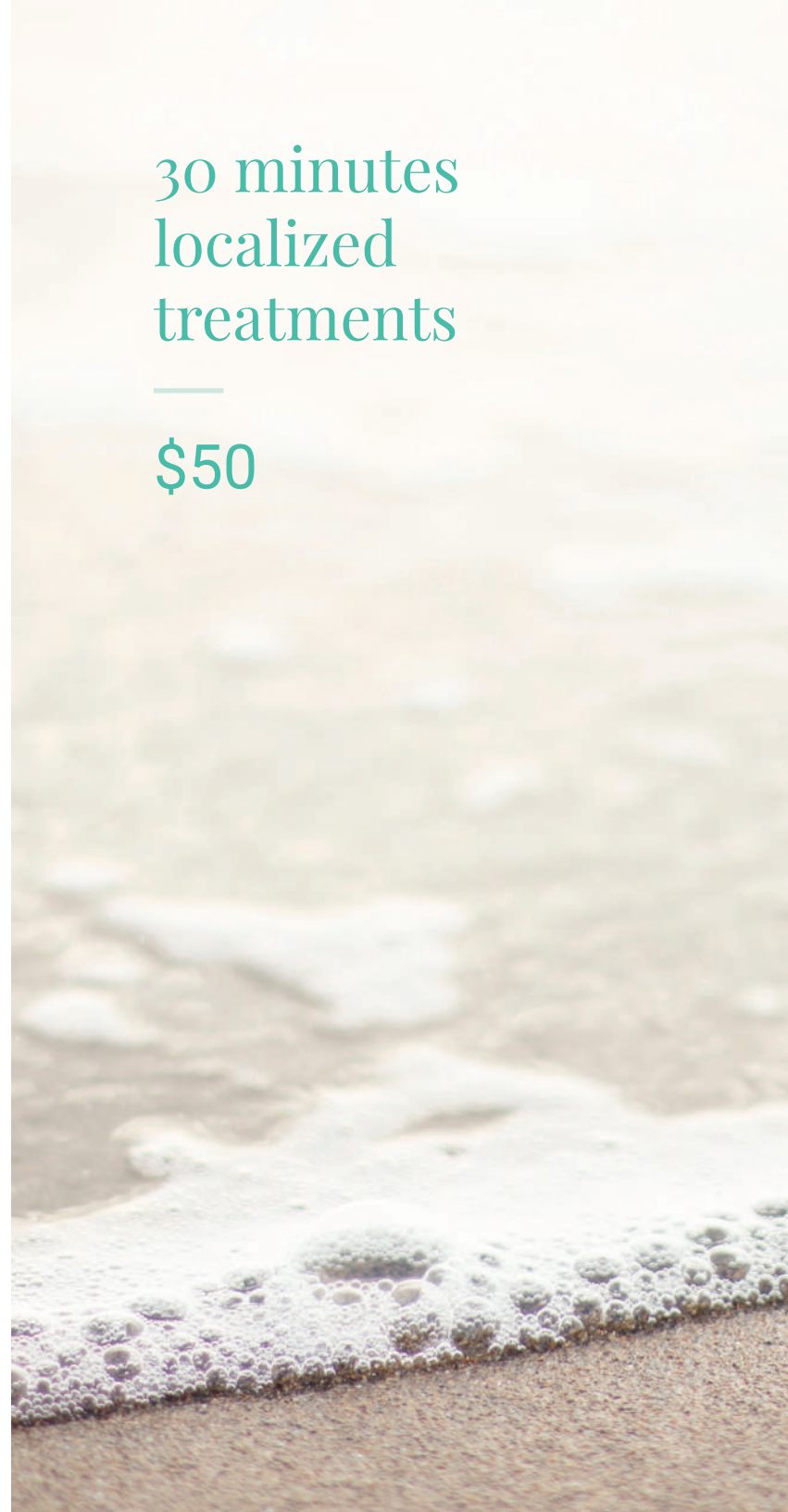
Experience the beauty from Indian Ocean using seaweed and coconut oil to clean and remove the dead skin cells.

Sports Relief

A form of massage involving the manipulation of soft tissue (muscles) to benefit a person engaged in regular physical activity and to recover or prevent injuries.

30 minutes
localized
treatments

\$50





SPA packages

30 minutes | \$ 50

After Sun Body Wrap

This sensorial and relaxing face and body treatment prolongs a healthy glow after sunbathing. An ideal treatment after a day in the sun: the combination of pure aloe vera and coconut oil will cool and repair your skin, leaving it visibly healthy, refined and as soft as silk.

One hour and 30 minutes | \$ 120

Blissful Experience

A smoothing exfoliation with Kahawa (coffee) scrub precedes your treatment, leaving your skin healthy, refined and as soft as silk. Your body is then revitalised with a relaxing massage, providing an absolute sense of calm and escape.

Two hours | \$ 180

Earth soul body envelopment (4 treatment package)

A luxurious fusion of aromatherapy and plant extracts through the use of Healing Earth signature oils, balms, scrubs and wraps. You may choose:

Coffee, cinnamon and orange for cellulite treatments

Mango nut for detoxifying treatments

Kalahali melon for hydrating treatments

Exclusive SPA treatments

One hour | \$ 50

In-Villa Joy Energising Bath

In the privacy of your villa: this cosy setup will bring joy and energy to those feeling stressed and dehydrated, and aims to release all the nervous tensions.

In-Villa Nourishing Bath

In the privacy of your villa: this nourishing bath helps with insomnia and anxiety. Get a wonderful sleep and nourished skin thanks to the sleep enhancing body butter and warmth of a bath.

40 minutes | \$ 50

Facial Ceremony

This combination of natural organic products and traditional techniques aims at renewing and refreshing even the most lifeless skin. With the powerful benefits of active indigenous ingredients, we sooth, revitalize and hydrate the face, leaving the skin nourished and radiant.

Choose from:

Hydra boost facial with Marula and Rose

Purifying facial with Neroli and Rose

Glowing and radiance facial with Jasmine and Baobab

Healing Earth facial for men with Jasmine and Baobab



SPA treatments



HAND AND FOOT TREATMENTS

Nail Polish / 30 min. / \$ 15

Hand Celebration / 60 min. / \$ 60

Regular manicure and hand massage

Foot Celebration / 75 min. / \$ 75

Regular pedicure and foot massage

French Nail Polish / 30 min. / \$ 20

French Manicure / 60 min. / \$ 70

French Pedicure / 60 min. / \$ 85

WAXING

Lips or chin / 10 min. / \$ 15

Underarms / 15 min. / \$ 30

Face / 30 min. / \$ 40

Half legs / 30 min. / \$ 55

Full legs / 45 min. / \$ 75

Arms / 30 min. / \$ 50

Back / 50 min. / \$ 65

Bikini / 45 min. / \$ 70

Our romantic packages

Treat your loved one to the ultimate romance package and save up to 110 USD.

- 1h Couple Treatment at the Spa
 - Bath Ceremony Set up in your villa
 - A bottle of sparkling wine and canapés waiting in your villa
 - A romantic Set up on the beach with a special menu prepared for you
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Rates, per couple:

Couples booked on half-board meal plan | \$ 280

Couples booked with all inclusive meal plan | \$ 220

Couples booked with honeymoon package | \$ 135

*The rates and availability of the package are subject to confirmation of the Spa Manager.



General conditions

Treatment duration

The therapy durations indicated correspond to the length of your experience at the Spa. We encourage you to arrive at the Spa 10 minutes prior to prepare yourself for your treatment.

A moment of tranquillity

Our spa is a haven of serenity. Please be sure to turn off your phone so both your and other guest's relaxation are not disturbed.

Reservation and cancellation policy

In order to secure the most suitable schedule for you, we recommend that you anticipate your treatments by setting an appointment. Should you need to cancel or reschedule your appointment, kindly let us know at least 3 hours prior to your treatment to avoid the full therapy fee. Cancellations made within the 3 hours will incur a full treatment price charge.

Late arrival

Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.

Special consideration

Guests who have high blood pressure, heart conditions, any other medical complications, or are pregnant, are advised to consult their doctors before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions.

Smoking and alcohol

Smoking and consumption of alcohol within the spa is prohibited.

Valuables

We recommend you to not wear any jewellery or to bring valuable items at the Spa.

In villa treatments

Our treatments can be performed on a mobile massage table arranged in the privacy of your villa, at extra charge. Please contact us for details.



PAJE, ZANZIBAR
www.whitesandvillas.com

