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NAUM WELLNESS & SPA PACKAGES

at Andaz Mayakoba Resort Riviera Maya

Ritual Sac Ki 90 Min

\$269

Free your body of harmful toxins and reveal fresher and brighter skin starting with a dry exfoliation using a glove of " Sac Ki ", the Mayan word for white henequen considered the green gold for the Mayan culture. This is followed by an invigorating massage with the anti-inflammatory power of the sacred copal oil.

Ritual de Ixi'im y Chia 90 Min

\$269

Give your skin a break with the antioxidant power of the exotic Blue Corn and the purifying power of "Chia", the Mayan word for "Strength". Continue with a nourishing massage with shea butter enriched with the regenerative benefits of calendula extract.

Four Hands Signature Ritual 90 min.

\$316

Our signature ritual begins with a traditional Mayan energy cleansing ceremony, using protection herbs and the mystical sacred copal incense. A synchronized full body massage given by two experienced therapists, mixed with the warmth and aroma of medicinal herbs, will take you to an ancestral journey that will leave you feeling emotionally, mentally, and physically renewed. This exclusive ritual helps promote circulation, encourages detoxification and relieves muscular aches and pains, providing an intense feeling of relaxation.

True Lovers

Eternal Romance Ritual 90 Min

\$402

Take a moment to renew the spirit of your love and reconnect your souls. This intimate therapy combines Swedish massage and hot stones with the exquisite aphrodisiac synergy of clove essential oil and wild roses.

The Journey for Couples 120 Min

\$536

This ritual begins with a footbath that symbolized the return to the path as a couple, continuing with a 60-minute relaxing massage and a 30-minute cleansing facial.

All rituals end with a special amenity in our beautiful Couples Suite Terrace over looking the lagoon surrounded by the nature



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ANDAZ MAYAKOBA RESORT RIVIERA MAYA | CARRETERA FEDERAL CANCUN-PLAYA DEL CARMEN KM. 298, PLAYA DEL CARMEN-SOLIDARIDAD, QUINTANA ROO, MEXICO, 77710 | +52 984 1491234 | CONTACT US

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NAUM WELLNESS & SPA TREATMENTS

at Andaz Mayakoba Resort Riviera Maya

Price shown in USD. VAT included. An additional service charge of 18, 20 or 22% is suggested.

MASSAGE	FACIAL	BODY
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Naum Relaxing Massage

\$172/\$242 USD | 60/90 min

Embrace your body in deep relaxation through this medium pressure massage with gentle movements that releases tension and stress from your body, improves the lymphatic system and returns clarity to your mind.

Deep Muscular Healing

\$194/\$269 USD | 60/90 min

Experience the benefits of arnica oil and a fusion of varying personalized massage techniques which will lead to a deep and total discharge of muscle tension, relieving stiff and aching muscles.

Mayan Stone

\$167/\$237 USD | 60/90 min

Induces the flow of vital energy through the stimulation of each of the body's energy centers, harmonizing your mind, body and spirit, in addition to improving the circulatory system and releasing toxins from the skin.

Naum Signature Ritual

\$316 | 90 min

Let all your muscles and senses relax at once with this luxurious sensory treatment that combines Volcanic Stones, Swedish Rhythmic techniques and a custom synergy of essential oils to stimulate the vital energy of your body.

Holistic Aromatherapy

\$189/\$264 USD | 60/90 min

An ancient technique ideal to combat stress and anxiety, holistic aromatherapy improves the central nervous system through the healing power of essential oils, helping to restore balance and inner harmony.

Mother to Be

\$167/\$237 USD | 60/90 min

Our experts hands nourish the expectant mother using specialized techniques designed to alleviate areas of discomfort arising during pregnancy. A relaxing, sweet and embracing massage ideal for connecting the mother with her baby, recommended after the first trimester.

Focus Massage

\$99 USD | 30 min

This medium-pressure massage focuses on the areas of the body where stress accumulates.

Reflexology

60 min

Healing therapy that involves the stimulation of reflex points in the hands and feet that connects to the body organs. It detects, prevents and improves physical and emotional health.

Add Ons

\$25 USD | 15 min

Scalp Foot Reflexology Foot Scrub



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