

Elixir Beauty Spa

### **Body & Soul Elixirs**

Specially designed programmes for a truly unique experience and pampering in exclusive settings. They offer both ancient and modern techniques to relieve body and soul.

#### **ANCIENT SPIRIT ELIXIR 1 HR & 20'/125€**

Slimming, body toning, reducing cellulite and obesity, revitalising, increases metabolic rate. Detox Treatment which enhances metabolism. A light body scrub exfoliates and prepares the skin for the Special lymphatic massage that follows and tones the blood circulation.

Applying a mineral mask with dolomite argil rich in elements and vitamins which will detoxify and tone the skin.

#### **ELIXIR MARINE RITUAL 1 HR & 20'/110€**

A journey to the sea: a three-salt exfoliation, made of selected salt for their richness in minerals and trace elements release epidermis from dead cells. Followed by a remineralising seaweed wrap and a regenerating massage using beeswax and essential oils. The laminaria body wrap regulates the metabolism, re-mineralizes, moisturizes and protects the skin.

#### **GOLDEN BODY TREATMENT 1 HR & 20'/ 150€**

Dazzling as it is, gold is a mineral with proven anti-inflammatory properties; it helps to repair and strengthen the skin. This treatment involves an invigorating exfoliation with a golden sugar scrub and a soothing massage with a fragrant oil enriched with gold particles.

Guaranteed to leave the body soothed, hydrated and radiant.

### **Massages & Therapies**

#### **ELIXIR AROMA MASSAGE 50'/ 90€**

Light body-brushing with pure essential oil performs a natural exfoliating scrub. The lavish body massage that follows concentrates on soothing away tiredness, stress and alleviating tension, inducing relaxation to the body and mind.

#### **IMPERIAL MASSAGE 60'/95€**

Inspired by the grooming rituals of the Classical-era beauties. This treatment consists of a total body aromatherapy, head and face massage, reflexology on feet/hands/ears, and Shiatsu (trigger points).

#### **DEEP TISSUE MASSAGE 30'/70€ & 60'/130€**

Relieves stress that causes muscle tension. This amazing therapy rejuvenates the body by using deep pressure massage – no wonder it's the favourite massage in the best spas worldwide! Deep muscle groups are massaged using fingers, fists, forearms or elbows. The result is complete rejuvenation, toning and relaxation that relieve pain, reduce stress and fight inflammation by improving posture and sleep quality.

#### **AROMA MASSAGE 30'/60€ & 50'/85€**

A complete body treatment using essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has a therapeutic effect, inducing a feeling of well-being.

#### LYMPHATIC MASSAGE 30'/55€ & 50'/75€

A detoxifying treatment performed specifically on legs. It activates the lymph glands to flush out liquids, thus making the muscle tissue firmer. Ideal for combatting cellulite and stimulating your body systems.

#### KIDS MASSAGE 20'/45€ & 40'/75€

A unique treatment specially designed for children. Touch is a natural healing therapy. The Kids Massage is ideal for boys and girls aged 5 to 16 years. Natural hypoallergenic oil is applied with a gentle massage. The qualified therapists gently massage the muscles and joints (hands - back - legs - face - neck - scalp - hair).

#### HEAD & FACE MASSAGE 20'/50€

This relaxing massage performed with essential oils on the pressure points of the neck, scalp, ears and face concentrates on soothing away tiredness, stress and tension. A wonderful treatment for headaches, stiff and tired muscles as well as obtaining harmony to body and mind.

#### **For Two**

Surprise your partner with a signature treatment for two. Choose between our unique treatments according to your needs.

#### PASSION RITUAL 60'/160€

The passion ritual for 2 combines the rejuvenating effect of fragrances with the wealth of aromatherapy and the caress of warm herbal extracts. Relax in the scent-laden atmosphere and bask in the pleasure of a warmed creamy wax film that nourishes the skin while a soothing massage helps the body eliminate tension. A sensory experience just for couples, which will have you 'walking on clouds'.

#### **Special Therapies**

##### BACK RITUAL 60'/90€

A cleansing and relaxing ritual combination of enveloping movements and the use of a self-heating mud to relax the deep muscles and relieve joint tension. The self-heating oligo-active mud detoxifies the body and creates a profound feeling of relaxation in areas of muscle tension. Its enveloping warmth and crackling foam gives the skin a real feeling of well-being.

##### BODY SLIMMING AND FIRMING 60'/100€

Complete body treatment to redraw the silhouette, reduce the appearance of cellulite, tone and give a feeling of lightness and well-being to the body. This body mask has a 'sauna' effect and acts effectively on fatty areas. The skin transforms from the first application onwards: the epidermis is firmer, smoother and softer. The movements encourage the mask to heat up, providing excellent stimulation of the metabolism. The cocktail of luminaria seaweed and the essential oils reduces the tensions and get for the body relaxation and well-being by the massage. The skin is soft, supple and more tonic. Associated with the massage, this body oil reduces the cellulite.

##### FIRMING NECK AND DECOLLETE 60'/130€

This neck and décolleté treatment hydrates, lifts and firms instantly for a smooth and taught neck and décolleté. White Truffle enzymes repair the skin and improve elasticity. Edelweiss Proteins help to tighten and lift, for a more defined jaw line. Hyaluronic acid, in three different forms, helps the skin to

recover fullness and density. Lastly, a targeted massage, which draws on ancient techniques, will awake all the muscles in the neck and décolleté for a stronger lift effect.

#### MOOR SCRUB TREATMENT 60'/120€

This purifying and detoxifying treatment starts with a vigorous but exfoliation of whole body using the sea salt, moor mud and capsicum peptide, that softens the skin texture leaving it radiant. The invigorating firming body oil which follows is toning and improving skin elasticity while balancing and soothing the body and senses

#### AFTER-SUN TREATMENT 30'/70€

This after-sun body treatment soothes and refreshes the skin after sun exposure! A specific body wrap with hibiscus flower extract repair the skin, and a complete body moisturizing soothes the sunburn. Intensely hydrated, the skin is soft and the body is perfectly relax.

### Face Treatments

#### PURE GOLD AND COLLAGEN FACIAL 75'/170€

The ultimate skin brightening treatment using the powerful properties of 24 Carat Gold and Pure Collagen. The facial begins with a plumping Pure Collagen Mask combined with a lifting and toning massage. 24 Carat Gold Leaf is applied and massaged into the skin using gentle, circular movements. The treatment ends with a spritz of Pure Collagen Spray to give a youthful glow

#### OMOROVICZA SIGNATURE FACIAL 60'/160€

Mineral-rich Moor mud detoxifies and draws out impurities for deep cleansing. The application of a fragrant mud mask follows a thorough cleansing and exfoliation using Moor mud in balm form, as well as rosemary and pineapple extracts, which treat sensitive skin and reduce pore size. A classic facial massage instantly lifts and firms the skin.

#### BLUE DIAMOND BRIGHTENING FACIAL 80'/190€

This firming and brightening treatment helps to revitalise dull, lackluster skin. Blue Diamond Facial restores skin fitness, essential to the youthful behaviour of skin cells. The traditional facial massage will accelerate the oxygenation of the skin to re-energise and lift.

#### ILLUMINATING FACIAL 60'/140€

Designed to leave complexion rejuvenated and glowing, this facial begins with a gentle peeling, enriched with copper for an anti-oxidant collagen stimulating punch. A unique facial massage soothes the senses and accelerates micro-circulation whilst an essence rose and peony mask plumps the epidermis to reduce the appearance of fine line and wrinkles.

#### OXYREVITAGE AGE TREATMENT 60'/120€

Anti-wrinkle treatment for dry, tired and dehydrated skins. The proper combination of active retinol and vitamin C releases oxygen. The epidermis is rebuilt, bright, vigorous and protected from photoaging. An ideal treatment for the summer months.

#### DERMOSTAMINE TREATMENT 60'/125€

A Face treatment for those worried about age signs. It fights surface and deep wrinkles, helps to regenerate and regenerate skin cells through plant liposomes.

## MEN'S TREATMENT 60'/80€

This comprehensive treatment is adapted specifically for men's skin and involves highly concentrated marine oligo-elements. It releases tension, removes traces of fatigue and strengthens the natural radiance of the skin. This cream mask combines white clay and seaweed to purify and absorb impurities while taking care of sensitive and delicate skins. The epidermis is rebalanced, and the complexion is radiant and glowing once again. Aimed at sensitive and fragile complexions, this mask soothes and rebalances the skin on the face. In order to quickly reduce any discomfort, this pleasantly cool mask contains seawater which prevents inflammation and soothes sensitive skin. Foam gives the skin a real feeling of well-being.

## SALON TREATMENTS

Manicure 30'/35€

Long Lasting Manicure 40'/45€

Spa Manicure 60'/50€

Pedicure 45'/50€

Long Lasting Pedicure 50'/55€

Spa Pedicure 70'/60€

Color Change 15€

Long Lasting Color Change 25€

Long Lasting Remover 10€

## WAXING TREATMENTS

Upper lip 10'/10€

Legs & Bikini & Underarms 60'/55€

Legs & Bikini 45'/45€

Lower Legs 20'/30€

Underarms or Bikini, or lower arm 15'/20€

Eye brow shaping 15'/10€

Back 30'/35€

Full Legs 40'/40€

OPENING HOURS: DAILY 10:30 - 19:00 HRS

Reception Elixir Spa: directly on extension 8862 or via the Reception Desk on extension 0/32

## PREPARATION

- Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire.
  - You will be provided with a bathrobe, towels and slippers.
  - Please remove all jewellery and clothing, leaving on your undergarments.
- For some treatments you will be provided with disposable undergarments by your therapist.
- The management will not be held responsible for the loss of any personal items.

## TREATMENT

- During treatments, please let your therapist know if you're comfortable or uncomfortable,

too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority.

- If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness.
- If you have any questions, your therapist will gladly answer them.

#### RELAXATION ROOM

We recommend using our relaxation room after your treatment in order to enjoy refreshing juices or a variety of herbal teas. Our professional therapists are at your disposal for any further wish you might have.

#### CANCELLATION

We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.

#### CHILDREN'S POLICY

Persons aged under 18 years are not allowed in the Elixir Spa unless accompanied and with the consent of an adult.

#### KINDLY NOTE

- Mobile phones are not permitted in Elixir Spa. This is the time for your body and mind to release the worries and stress of the day.
- Smoking is not permitted in Elixir Spa.