

A close-up, artistic photograph of green palm fronds. The fronds are layered and create a complex pattern of light and shadow. The word "ELEMIS" is overlaid in the center in a white, clean, sans-serif font. The overall color palette is a range of greens, from light lime to deep forest green, with a soft, slightly desaturated aesthetic.

ELEMIS

# Prescriptive Facial Treatments

The hands of a highly trained Elemis therapist are profoundly effective anti-aging tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

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## PRESCRIPTIVE HANDS-ON FACIAL

Whether your skin needs a recharge, is in need of a moisture boost, or requires restoration of skin balance, this hands-on facial is prescribed to suit your skin's specific needs. Our ELEMIS trained therapists will carry out a skin consultation to determine your ultimate skin goal. During your treatment your skin is cleansed and stimulated by specialist massage techniques in order to hydrate, refine and add vital radiance.

**Duration 25 minutes.** £45  
**Duration 55 minutes.** £75

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## HIGH PERFORMANCE SKIN ENERGISER FOR MEN

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

**Duration 25 minutes.** £45  
**Duration 55 minutes.** £75

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ELEMIS EXPRESS £45  
PRESCRIPTIVE FACIAL

This introductory facial provides a quick and instant pick-me-up, leaving your skin refreshed and nourished. **Duration 25 minutes.**

Please arrive 15 minutes prior to your treatment

# BIOTEC Prescriptive Facials

The pioneering innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. The results giving a visibly healthy and energised skin.

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PRESCRIPTIVE BIOTEC FACIAL £85

A highly effective, super charged facial treatment to reboot cellular performance. Our ELEMIS trained therapists will carry out a skin consultation to determine your ultimate skin goal. Your therapist will then work with a synergy of BIOTEC technology and actives to target wrinkles, energise the skin and lift and tighten.

**Duration 55 minutes.**

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BIOTEC SUPER CHARGER £85  
FOR MEN

The facial to de-stress, de-age and de-fatigue the male complexion. Ultrasonic peeling and galvanic current deliver a deep clean

**Duration 55 minutes.**

## **Biotec add-on treatments**

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BIOTEC EYE TREATMENT £35

Gently stimulates and tightens the delicate eye area without disturbing fragile skin.

**Duration 30 minutes.**

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BIOTEC NECK TREATMENT £35

Microcurrent reminds the muscle to firm up whilst the arjuna-infused jowl and chin mask lifts and tightens for super contouring.

**Duration 30 minutes.**

Please arrive 15 minutes prior to your treatment

# Body treatments

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BESPOKE DEEP TISSUE £45

Using selected aromatic oils, your therapist will massage tension areas of the back, neck and shoulders. **Duration 25 minutes.**

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BESPOKE DEEP TISSUE £75  
BODY MASSAGE

Your therapist will select an aromatic oil according to your concerns, whether it's for muscle pain or the need for stress relief, relaxation or emotional balance. The flowing massage works deeper and deeper into the tension, encouraging optimum circulation. **Duration 55 minutes.**

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HOT MINERAL BODY BOOST MASSAGE £75

This powerful massage treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness. **Duration 55 minutes.**

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GARDEN OF ENGLAND £75  
ROSE RESTORE MASSAGE

A lavishly hydrating body massage. A unique trio of rose, camelina and poppy seed oils leaves the skin moisturised, intensely supple and delicately scented. **Duration 55 minutes.**

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HOT STONE MASSAGE £85

Hot Balinese stones bathed in the frangipani monoi body oil are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy with the bonus of intensely hydrated skin. **Duration 1 hour.**

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PEACEFUL PREGNANCY MASSAGE £80

A gentle, nurturing specially formulated full-body massage for mothers-to-be that deeply relaxes. Also includes a relaxing facial and scalp massage. **Duration 1 hour.**

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BODY NECTAR NOURISHING £70  
FRANGIPANI WRAP

The velvety texture of the monoi oil offers super hydration for a thirsty skin. You are kept cocooned and warm while the balancing aromatic and skin conditioning oils do their work. **Duration 55 minutes.**

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INTENSELY CLEANSING SALT SCRUB £45

Lime and ginger, frangipani or samphire and lavender scrubs. Fragranced salt will slough away dead skin cells, encouraging the regeneration of new cells and leaving the skin ready to absorb the deeply nourishing body oils. **Duration 30 minutes.**

## Combined face & body treatments

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COUTURE TOUCH £80

Combining a bespoke deep tissue back massage with a hands-on prescriptive Elemis facial. **Duration 55 minutes.**

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TOTAL ESCAPE

Combining a bespoke deep tissue full-body massage and a prescriptive Elemis facial. **Duration 2 hours.** £125

Combining a bespoke deep tissue full-body massage and a BIOTEC facial. **Duration 2 hours.** £140

Please arrive 15 minutes prior to your treatment