

## MASSAGES

### **SPECIFIC /**

30 MIN / 43 €

Therapeutic massage that works the deepest layers of the muscle tissue to alleviate tension in specific areas: back, legs, or head.

### **AROMATHERAPY /**

45 MIN / 67 €

Exquisite massage with aromatic oils from natural plant extracts to improve your mood and awaken your senses.

### **SPORTS /**

40 MIN / 61 €    55 MIN / 83 €

Deep back and leg massage, before or after physical activity, to accelerate muscle recovery and prevent injuries and fatigue.

### **ANTI-ESTRÉS SENSATIONS /**

55 MIN / 79 €

Considered the most universal massage, it relaxes the muscles and infuses the body with a sense of wellness.

### **MOM-TO-BE /**

55 MIN / 76 €

Body massage with gentle movements to regulate circulation and lymphatic flow in the legs, and relieve muscle tension in the back.

### **REFLEXOLOGY /**

40 MIN / 61 €

Massage that stimulates the reflexes by applying pressure to specific areas of the feet to benefit the body's organs.

## MESSAGES OF THE WORLD

### LOMI LOMI NUI /

70 MIN / 92 €

The Hawaiian massage is deep, fluid, and rhythmic. It's performed with forearms and hands. Helping to alleviate muscle tension and stress, and improve flexibility.

### ORIENTAL /

55 MIN / 85 €    80 MIN / 115 €

A deep oil-free massage based on traditional Chinese and Thai medicine that combines acupressure techniques and yoga-based stretching. Ideal for loosening up in a variety of ways.

### AYURVEDA ABHYANGA SPECIAL /

80 MIN / 105 €

This massage combines "Abhyanga" techniques with "Herbal bags". The abhyanga are basic and essential techniques of Indian medicine that help eliminate toxins, purify the body, and relieve the symptoms of anxiety, insomnia, etc.

### STONE THERAPY /

70 MIN / 92 €

Hot volcanic stone massage (50° C). The heat released by the stones relaxes the muscles and the elevated temperature produces sweat which helps eliminate toxins from the body.



## FACIAL TREATMENTS

### **HYGIENE FACIAL /**

60 MIN / 69 €

Revolutionary unisex treatment that helps reveals an even, bright, and fresh complexion in record time.

### **TIMEXPERT LIFT (IN) /**

75 MIN / 98 €

Reinvention of Cosmetic Lifting, emulating a surgical lift from the "Three Vectors of Rejuvenation": lifting, filling and tightening.

### **TIMEXPERT C + ILLUMINATOR /**

70 MIN / 85 €

Antioxidant, regenerating, and illuminating. Anti-aging and revitalizing care that restores the brightness, vitality, and uniformity of the complexion.

### **HYDRATION /**

60 MIN / 75 €

Intense and lasting hydration. Advanced treatment, ideal for all skin types.

### **FOR MEN /**

60 MIN / 75 €

Energy and vitality. Designed especially for men. Energizing and detoxifying facial treatment that combats the effects of fatigue.



## RITUALS

### **GOLD THERAPY /**

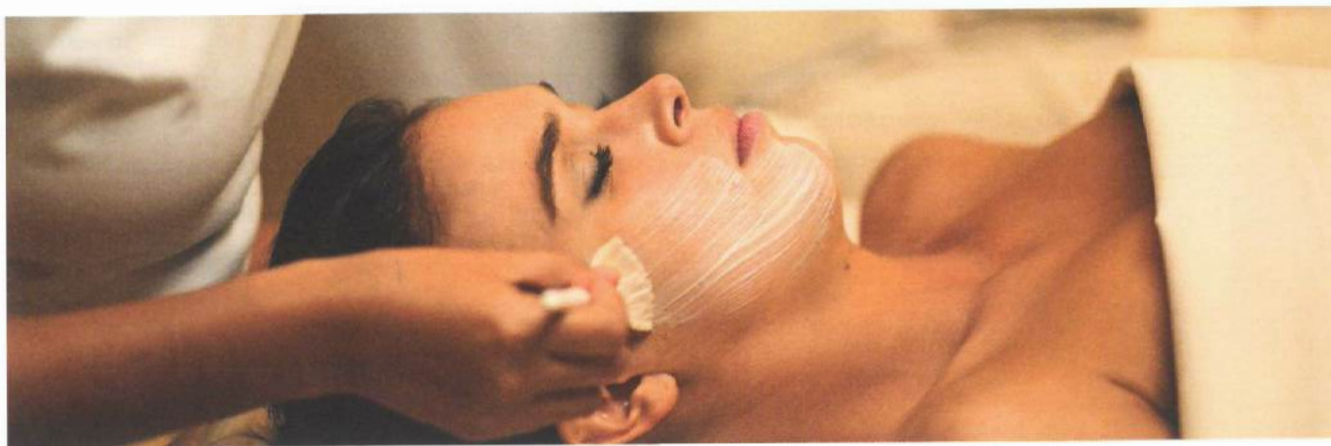
90 MIN / 105 €

Maximum glamour and sophistication with a revitalizing therapy of marine gold, that wrap your skin in a subtle, nutrient-rich veil of gold. Accompanied by the sensory experience of a Baobab oil cranialcapillary massage.

### **SUBLIME EXPERIENCE /**

120 MIN / 146 €

An exclusive facial treatment that allows the skin to “breathe” again and recover all its power of beauty and youth. Two masks, to fight against the urban exhaustion of the skin. It accompanies an exfoliating body scrub of exotic seeds, followed by an exquisite “silk” wrap, leaving the skin luminous, beautiful and silky.



## BEAUTY TREATMENTS

90 MIN / 105 €

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oil cranialcapillary massage.

120 MIN / 146 €

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EXPRESS MANICURE /

35 MIN / 30 €

NAIL POLISH SEMIPERMANENT /

35 €

SPA MANICURE /

50 MIN / 43 €

SPA MANICURE WITH SEMIPERMANENT /

62 €

EXPRESS PEDICURE /

45 MIN / 39 €

SPA PEDICURE WITH SEMIPERMANENT /

72 €

SPA PEDICURE /

60 MIN / 54 €

